

# Acting Through Song: 3 Week Program Outline

**Duration:** 3 Weeks (1 phase per week)

**Goal:** Develop the ability to act authentically through song by combining vocal technique, emotional truth, and physical storytelling.

## Phase 1 – Emotional Awareness & Storytelling (Week 1)

**Objective:** Identify the narrative and emotional core of a song.

### Focus Areas:

- Breaking down lyrics: Who is singing? What do they want? What's at stake?
- Personal connection: Finding a personal experience that mirrors the song's emotion.

**Lyric Annotation:** Highlight key words, emotions, and images in your chosen song.

**Storytelling in Song:** Speak the lyrics dramatically as a monologue before singing.

**Outcome:** You will be able to explain what your song is about in one sentence and connect emotionally to it.

## Phase 2 – Vocal Expression & Characterization (Week 2)

**Objective:** Use vocal choices to convey emotion and character.

### Focus Areas:

- Vocal dynamics: volume, tone, phrasing, and timing to communicate emotion.
- Character perspective: Sing as your character, not as yourself.
- Emotion through vocal color: matching vocal tone to feelings.

**Exercises:**

1. **Character/Scenario Experimentation:** Try singing the same song as 3 different characters in different circumstances to explore alternative options.
2. **Phrasing:** Break the song into phrases, adding intentional vocal emphasis to show emotional beats.

**Outcome:** Your voice will start to reflect your character and the song's story clearly.

### **Phase 3 – Integration & Performance**

**Objective:** Combine emotion, voice, and physicality for a polished performance.

#### **Focus Areas:**

- Seamless emotional connection: no breaks between feeling and vocal delivery.
- Character consistency: staying in the character for the entire song.

#### **Exercises:**

1. **Full Performance Run:** Sing the entire song with full emotion, vocal intention, and physicality.
2. **Feedback & Refinement:** Perform for peers or record, review, and adjust based on observations.
3. **Multiple Takes:** Practice performing the same song under different emotional or situational contexts.

**Outcome:** To deliver a fully realized, emotionally truthful performance.

#### **Notes:**

- **Song Choice:** Pick one song to focus on throughout the 4 weeks for consistency.
- **Recommended Practice Time (Outside of Lessons):** 20–30 minutes daily.